

# CONTOUR

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**LUXURY 3D LIPO, AESTHETICS, NON-SURGICAL,  
BEAUTY & LASER CLINIC**

**Liv Hindmoor**

Non-Surgical Aesthetics Specialist.  
Offering The UK's No.1 Non Invasive Treatments

## BODY TREATMENTS

*Our range of bespoke body treatment focus on targeting and treating:*

FAT REDUCTION

CELLULITE

SKIN TIGHTENING & TONING

MUM-TUM & C-SECTION MAKEOVERS

DAD-BOD WEIGHTLOSS

BESPOKE FULL BODY PACKAGES





## Cryolipolysis | Fat freezing

Perfect for treating soft, stubborn pockets of fat.  
 Areas that can be treated: Chin, underarms, abdomen, waist, hips, inner thighs, back/ bra area, male chest, knees, under buttocks

Prices start from **£80**

## HIFU (High intensity focused ultrasound)

Cellulite & C-section scars. Perfect for treating stubborn cellulite, and the C- section "pouch" to lift and reduce fat. Areas that can be treated: Abdomen, buttocks, outer thighs, hips, legs

Prices start from **£125**

## Radio Frequency

Skin tightening & toning. Perfect for treating sagging skin in need of a elasticity boost Areas that can be treated: arms, abdomen, legs,

Prices start from **£50**  
 \*Courses available

## Shockwave | Lymphatic drainage

Perfect for bloating, fluid retention and enhancing results from our other treatments Areas that can be treated: abdomen, legs, buttocks

Prices start from **£30**  
 \*Courses available

## Cavitation

Inch loss and bespoke body courses  
 Perfect for inch loss and stubborn fat loss  
 Areas that can be treated: abdomen, waist and hips or all over legs

**\*Please contact for consultation**  
 Packages & Courses available

# FACIAL TREATMENTS

*Our range of bespoke facial treatments focus on targeting and treating:*

ANTI AGEING

LINES & WRINKLES

LIFTING & TIGHTENING

PIGMENTATION

ACNE

EXFOLIATION

GLOW & BRIGHTEN

DULL/ DRY/ OILY SKIN



## The HIFU Face & Neck Lift

The UK's top Non-Surgical Facelift. Our most popular anti aging facial consistently since 2017! HIFU (High intensity focused ultrasound) is designed to lift wrinkles and plump fine lines, working to improve the quality of your natural collagen and elastin fibres to give you a natural rejuvenated result lasting 12 to 18 months.

Areas that can be treated:

- Full Face & Neck
- Full Face
- Upper facelift (forehead, crows feet, under eye, cheekbones)
- Lower facelift (cheeks, jowls, jawline, chin, smile lines)
- Necklift

Prices start from **£150**

\*Includes 2 week complementary top-up L.E.D facial

## Radio Frequency

Perfect for skin that is lacking in elasticity, designed to lift and treat lines & wrinkles. Facial includes: Skin analysis, double cleanse, tone, Radio Frequency, cleanse, SPF50. Single treatments & courses available

Prices start from **£50**

## Microdermabrasion

Perfect "all-rounder" facial especially those who are new to facials and skin care. Microdermabrasion can be used for dull, dry or oily skin to reduce pores and oil, gently exfoliate dry skin and give dull skin a healthy glow.

Facial includes: Skin analysis, double cleanse, tone, exfoliation, microdermabrasion, L.E.D mask, SPF50.

Prices start from **£30**

Single treatments & courses available

## Dermaplaning - MILLION DOLLAR

Dermaplaning is used to remove 4 to 6 weeks of dead skin cells and "peach fuzz" from the skin's surface leaving you with an instant radiant glow.

*Skincare myths: A misconception with dermaplaning is that; this treatment encourages the hair to grow back darker and thicker than before, this is where we love to educate with our skin care knowledge. We are not changing the biological structure of the hair so it will continue to grow as it was before.*

Facial includes: Skin analysis, double cleanse, tone, balm, dermaplane, icy globes massage, soothing mask, serum, SPF50.

Prices start from **£60**

Single treatments & courses available

## Microneedling - MILLION DOLLAR

Microneedling benefits: Minimises fine lines & wrinkles, improves acne scarring, improves stretch marks, minimises pore size, improves tone and texture, rejuvenates, encourages collagen production.

Facial includes: Cleanse, skin analysis, prescriptive serum, microneedling, serum, SPF50.

Prices start from **£80**

Single treatments & courses available

## MILLION DOLLAR - 10 Step Facial

- Brighter, even skin tone
- Removes 4 to 6 weeks worth dead skin cells
- Professional skin analysis enabling a better at home skincare plan
- 80% Increased absorption of products and serums
- Eliminates toxins and puffiness
- Smoother complexion
- Diminish fine lines and wrinkles
- Increased collagen production
- Increased hydration levels
- Flawless makeup application
- Suitable for all skin types

Facial includes: Cleanse & skin analysis, deep cleanse, tone, balm, dermaplane, icy globes massage, serum, microneedling, mask, SPF50.

Prices start from **£120**

Single treatments & courses available

## L.E.D

LED lights are used to deliver multiple wavelengths of light energy into the treated areas. The wave lengths are able to reach underlying skin tissues.

The light energy penetrates through the tissue and is then absorbed within the skin. This works to trigger collagen and new cell production.

Different colours and frequencies provide different physical effects.

One of our trained therapists will talk through your specific concerns and choose a colour(s) for your desired results.

### Benefits:

**Blue light:** Increases skin hydration, reduces bacteria acne.

**Green light:** Detoxifying, self regenerating, reduces pigmentation.

**Yellow light:** Increases lymphatic circulation, relaxes nervous system, boosts immune system.

**Red light:** Increases blood circulation, reduces pore size, supports lifting and toning, increases collagen production.

Facial includes: Cleanse & skin analysis, choice of L.E.D Light, icy globes massage, SPF50.

Prices start from **£30**

Single treatments & courses available

# LASER HAIR REMOVAL & SKIN REJUVENATION

## Is 3D-Trilogy safe?

By gradually heating the dermis and hair follicles only, we avoid any injury to surrounding tissues making the treatment completely safe.

## What will I experience during the treatment?

During treatment, the hand piece will be used in a gliding forwards and backwards motion over the skin. You may experience a warming prickling sensation in addition to a slight pinkness to the skin.

## How long does the treatment take?

The time varies depending on the area being treated but typically range from 15 minutes up to 45 minutes per application.

## How long until I can see results?

Results can be seen from the first session and improve throughout the course of treatments.

## How many treatments are required?

Courses of 8, 10 or 12 treatments are typically recommended with single maintenance sessions available

## Who is a good candidate for the 3D-Trilogy treatment?

The treatment is suitable for anyone who has unwanted hair in various areas of the face and body. The technology can treat hair colour from golden dark blonde through to black. Your therapist will advise further during a consultation to determine your suitability for treatment and how many sessions will be needed.

## Areas that can be treated:

**Small:** Upper lip, chin, in between brows, ears, cheeks, sideburns, jawline, toes, fingers, nipple

**Medium:** Shoulders, neck, lower back, buttocks, under arms, full face, forearm, upper arm, abdomen, bikini line, perianal.

**Large:** Full arm, chest, brazilian, hollywood, half leg

**XLarge:** Full back, full legs



## LASER FOR SKIN REJUVENATION

Laser can also be used for skin rejuvenation!

Treat age spots, improve pigmentation, plump skin and combat ageing Areas that can be treated:

Face, hands, neck & décolleté

### **LASER PRICES: Prices starting from £40**

Please get in touch for current prices  
or see online booking system

Discounts available when booking courses

Monthly new offers updated online

[Contour.bookinbeautiful.com](http://Contour.bookinbeautiful.com)





## ABOUT OUR FOUNDER

3D Aesthetics clinic was started by Liv Hindmoor in 2017, expanding to an additional salon - CONTOUR in 2021.

Her main focus is to help women and men regain confidence through a range of Non-Surgical treatments and transforming mindset around weight loss, nutrition and health. Liv went through her own weight loss journey; achieving her results through Non-Surgical treatments coupled with a realistic approach to health & exercise, losing (and keeping off!) a huge 4 stone.

*"I'm sure you've all heard the much used phrase "love the skin you're in" well - that really is my main aim in my role. To help restore confidence and most importantly happiness in yourself and your body through our range of non-invasive treatments.*

*I understand that every client is different and has their own goals; quite commonly, losing a few inches or helping to improve the appearance of C Section scars alongside confidence in your skincare and achieving healthy glowing skin. This is why our facial and body treatments are tailored to every single client that we treat to help them feel their best."*

- Liv Hindmoor.

*We chose to invest in the UK's No.1 Non-Surgical machines with decades worth of research and results, you're in competent and safe hands. We are confident in always keeping up to date with new techniques, technology and treatments to give you fantastic results.*

# CONTOUR







**3D AESTHETICS**  
*by Liv Hindmoor*

## Contact

Email - [livhindmoor@gmail.com](mailto:livhindmoor@gmail.com)

Telephone - 07837 589847

  - @contourpreston

  - @3daestheticsLtd

 - [www.3daesthetics.co.uk](http://www.3daesthetics.co.uk)

## Bookings

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or visit our website [www.contourpreston.co.uk](http://www.contourpreston.co.uk)

**329 Garstang Road Fulwood PR2 9UP**